



How Coaching Can Elevate You as an HR Professional

DATE: Wednesday, May 25, 2022
TIME: 9:00 am – 10:30 am
PLACE: Webcast via Zoom (link will be sent upon registration)

The HR role is a strategic asset to leaders in business units. The HRBP provides advice, solves problems, acts as a sounding board, and influences the organization. Using the lens of a coach can help guide your organization to understand themselves, their people, and their work in a new way. Leveraging your Emotional Intelligence skills, communication skills, and active listening, you can coach in a new way system-wide.

Benefits of approaching your role through the coaching lens may include:

- Helping others to understand where the ultimate responsibility lies within their dilemma
- Using questions to diagnose the situation as opposed to taking on the problem as your own
- Helping others to create their own solutions
- Assisting others to gain confidence in their leadership skills

We will dive into the following skills to set us up for our coaching practice:

- Active Listening
- Empathy
- Emotional detachment
- Strategic understanding

We will use the majority of our session together in active coaching practice.

Please come to the session prepared with a topic you are ready to be coached on. Please take this opportunity to be vulnerable, stretch yourself, and learn with us!

About our Speakers:



Tess has extensive experience in Organization Development, Executive Coaching, Change Management, Design Thinking, Leadership Development, and Talent Management. She has worked globally, giving her additional experience working with clients in Amsterdam, Budapest, South Africa, Italy, and Singapore. She has worked internally and externally in business unit integration, delivery, and monitoring of all organization development and change management services to the organization. She designed and facilitated customized programs to increase organizational efficiency, productivity and support business unit profitability. Advised and designed interventions about impacts resulting from complete organization changes (leadership changes, rapid growth, downsizing). She manages her own consulting business, TBW Consulting, with clients worldwide. She lives in South Burlington, VT, with her husband, son, and daughter and enjoys being outside, traveling, and being with her family.



Mala has over 15 years of extensive experience working in HR Partnership models across various sized organizations. From professional services to high tech, Mala has led people initiatives across industries and verticals. Areas of expertise include Talent Management, Workforce Planning, Performance Management, Leadership Development, and Executive Coaching. Mala currently serves as People and Culture Leader for [New Breed Revenue](#), located in Burlington Vermont on the [Hula Campus](#). She lives in South Burlington with her husband and two curious daughters (7 & 4) who also share a passion for two-way dialogue, dance parties, and Harry Potter anything (for now).

This program has been submitted for certification credit hours.

Please register via www.VTHRA.org

